



## Tempo Winter Series 2019 - 20 Race Information

**Sunday 20<sup>th</sup> October 2019**

**Sunday 24<sup>th</sup> November 2019**

**Sunday 29<sup>th</sup> December 2019**

**Sunday 19<sup>th</sup> January 2020**

**Sunday 16<sup>th</sup> February 2020**

### **Directions:**

#### **Ilmington Sports & Social Club**

**Mickleton Road, Ilmington, Shipston On Stour, CV36 4JQ**

From Stratford take the A3400 (Shipston Road) towards the village of Alderminster. After 3.7 miles just before you reach Alderminster take a right turn along Wimpstone Lane (signposted to Ilmington). Passing through the village of Wimpstone continue for 4 miles at which point you will arrive at the village of Ilmington. Turn right upon arriving at the village (on a bend where the road you are on turns to the left). Follow this road for a further 400m. The sports club will be on your left.

There is plenty of parking close to registration. There will be some signposts with Tempo Races on from Stratford to make it easier for you.

### **Collecting Numbers / Entering on the day**

Registration is from 9am. All numbers are to be collected on the day.

The gun goes off at 10:30am.

**The Route!!** The race map can be downloaded from [www.tempoevents.co.uk](http://www.tempoevents.co.uk)

The course is completely on roads which are not closed to traffic. The course will be clearly marked and there will be one water station.

### **Prizes**

Prizes will be given out after the race has finished to 1st, 2nd & 3rd male & female, as well as to the 1st in each male & female age group category.

Series Prize:- a fantastic overall series prize, will be awarded to 1st male & female based on completing all five races. To qualify for a series prize you have to do all five races. The person with the lowest score when scores from their finishing positions have been totalled is the winner. The prize details will be announced shortly.

There is also a Tempo Events memento awarded to all competitors completing all five races, if you get injured you can still get your memento by marshalling that race.

### **Post-Race**

Soft drinks, tea and coffee and other refreshments will be available to purchase after the race

### **MP3 Players**

Because competitors will be running on open roads the wearing of MP3 players is not permitted for your own safety as you may not hear instructions from marshals.